Subject: Hyaluronan Injections (Viscosupplementation)*

Updated: December 8, 2009

Department(s): Utilization Management

Policy: Hyaluronan injections for viscosupplementation in osteoarthritis of the knee are reimbursable under Plans administered by QualCare, Inc.

Objective: To provide proper and consistent reimbursement and to limit reimbursement for a specific mode of therapy to treatment of conditions for which a product is FDA-approved.

Procedure:
1. Physician provides patient’s medical information documenting the diagnosis of osteoarthritis of the knee(s), to include clinical findings, results of imaging studies and (if done) arthroscopy.

2. Extent of limitation of function due to osteoarthritis and the results of prior conservative treatment must be documented.

3. Results of prior more conservative measures used for at least three months to manage the knee osteoarthritis must be included in the request.

4. ICD-9 codes covered by this policy are: 715.16, 715.26, 715.36, 715.86, and 715.96

5. Viscosupplementation is reimbursable only for osteoarthritis of the knee. Viscosupplementation for osteoarthritis of other joints or for conditions other than osteoarthritis (degenerative joint disease) is not reimbursable.

6. Products to which this policy applies are: Hyalgan® (sodium hyaluronate), Supartz® and Synvisc® (hylan G-F 20) Euflexxa®
(1% sodium hyaluronate) and Orthovisc® (high molecular weight hyaluronic acid).

7. A course of therapy with Hyalgan or Supartz is 5 injections at weekly intervals; a course of therapy with Synvisc, Euflexxa or Orthovisc is 3 injections at weekly intervals.

8. Second or further courses of therapy in the same knee will be authorized only if BOTH of the following have occurred:
   a. A favorable response to the initial course of injections as reported by the physician
   b. At least six months have elapsed since the end of the last course of viscosupplementation.

9. **CPT and HCPCS Codes** for viscosupplementation are as follows:
   - **20610** - arthrocentesis, aspiration/injection; major joint or bursa and appropriate modifier for right or left knee and modifier –50 for bilateral knees.
   - **Q4083** (Hyalgan or Supartz); **Q4084** (Synvisc); **Q4085** (Euflexxa); **Q4086** (Orthovisc);

References:


*Consistent with Summary Plan Description (SPD); in the event of discordance between this policy and the SPD, provisions of the SPD shall prevail.*