Subject: Enhanced External Counterpulsation (EECP)*

Effective Date: August 1, 1999

Department(s): Utilization Management

Policy: EECP is reimbursable under Plans administered by QualCare, Inc.

Objective: To ensure proper and consistent reimbursement for a medically necessary service.

Procedure: Requests for EECP must be accompanied by documentation of medical therapy that has not adequately controlled severe chronic stable angina pectoris (New York Heart Association Functional Class III or Class IV) and that the patient is not a candidate for angioplasty or other revascularization.

1. If the patient meets the criteria above, EECP will be authorized as one-hour treatments up to 5 times per week up to a total of 35 treatments.

2. Repeat courses of EECP are reimbursable under the following circumstances:
   a. There has been improvement in Functional Class
      OR
   b. There has been at least a 25% decrease in frequency of anginal symptoms
      AND
   c. At least 3 months have elapsed since completion of a prior course of EECP.

3. The correct code is G0166 until this is superseded by a permanent CPT code.
References


Kumar A, Aronow WS, Vadnrkar A. Effect of enhanced external counterpulsation on clinical symptoms, quality of life, 6-minute walking distance, and echocardiographic measurements of left ventricular systolic function after 35 days of treatment and at 1-year follow up in 47 patients with chronic refractory angina pectoris. Am J Ther 2009;16(2):116-118 (Mar-Apr)


*Consistent with Summary Plan Description (SPD). When there is discordance between this policy and the SPD, the provisions of the SPD prevail.